



CENTRAL Life Groups

CURRICULUM

WEEK 2 /// AUTHENTIC - NO MASKS ALLOWED

DISCUSS

To begin, take some time to answer the following questions:

- Who is the most authentic person you know? Why would you describe them that way?
- How many people would you say “really” know you?
- Why is authenticity so important in a Central Life Group?

READ

Have group members read Romans 12:9 out loud.

INSIGHT

The idea in this verse is to love one another with a “sincere” or “genuine” love. The word for sincere/genuine is the Greek word *anhupocritos*, which literally means “anti-hypocrite.” In the first-century Greco-Roman world, a hypocrite simply meant *actor*, or “one who wears masks.” So, what Paul and Peter are saying is, you can’t love one another by wearing masks. Rather, to love one another authentically, your Life Group has to be a mask-free zone.

DISCUSS

- What are common masks we wear today? Why do we wear them?
- What mask(s) do you personally put on?
- How can your Life Group become a mask-free zone for one another?

READ

Have group members read 1 Peter 1:22-23 out loud.

- What do you think “having purified your souls by your obedience to the truth” means? What does that look like individually but also in your group?
- What will “loving another earnestly from a pure heart” look like in your group?



APPLY

One of our Life Group Behaviors is “No Masks Allowed.” We live honestly and openly, not hiding or pretending to be something we’re not. Life Group is a mask-free zone. We are only as healthy as we are honest.

At Central, we want every Life Group to know one another deeply—and it starts with your story. That’s why we want every Life Group to participate in doing Life Maps.

If you haven’t finished sharing your Life Maps, take time to do that now. If you haven’t downloaded the Life Map Worksheet, visit centralrr.com/lifegroups