

Life Group Elements

Group time is customizable based on the group preference, location, life stage, and time restraints. A typical group time consists of 2 hours, and the group can customize their time together using the elements below, in no particular order.

1. Share Time (The Four Feeds)

- The group will take time for each person to share their answers to the “Four Feed” questions. Couples can break up into guys and gals if they would like.
- Specifically pray for each person, whether that is right after they share, or at the end after everyone shares.

2. Dinner (if applicable)

- If your group meets in the same host home, there can be a rotation of who brings the main dish, and everyone else can bring sides.
- If your group rotates host homes, the host home can be responsible for providing the main dish, and the others can bring sides.
- The Food Leader can help coordinate this with the group.

3. Bible

- Pick a book of the Bible to work through as a group. The Bible leader can map out chapters or passages for each week. The group can read together and discuss insights and questions.
- Pick a Christian book to work through as a group, whether it's Christian living, topical, or theological. The Bible leader is responsible to map out chapters to cover in group time.
- Have a rotation of who shares a devotional per week. Each person on their assigned week can bring something from the Bible that would be a good discussion with the group.
- A hybrid option is to have everyone assigned a section of the book of the Bible the group is working through, and they are responsible to bring questions and thoughts for the group to discuss their week.

4. Counsel

- Allow for some time for your group to bring up any areas where they may need biblical counsel, whether it's making a decision, stressors, parenting, finances etc. This will be a time to process and pray together.
- The prayer leader will record the prayer requests and the group will commit to pray throughout the week and follow up the next week.

5. Hang Out

- Although we don't want the majority of our group time to be just hanging out, we do know there is some time needed to just spend time with each other without structure or agenda.
- Chat with each other, watch part of a game, and enjoy each other's company.